



Call Citizens Online FREE today on 0808 196 5883 and gain more confidence online.

We all recognise how isolating the pandemic has been for many within our society. Accessing our basic needs from ordering groceries, making doctors' appointments and claiming benefits has all moved online. Being online can also mean chatting with your loved ones and even exploring your hobbies in a safe environment.

Whilst isolating during the first lockdown, John hadn't been able to see his family. With a little bit of help, John can now talk to his family through a simple device, and is enjoying a new lease of life as he stays connected despite what is happening around us all. His brother said, "Seeing John's face light up was very emotional".



If you, or someone you know, needs help with basic digital skills or support getting online, you can call our **FREE helpline on **0808 196 5883**. One of our team of trained digital champions will offer friendly, patient support over the phone.**

Citizens Online

Citizens Online is a UK charity helping ensure the switch to online doesn't exclude people.

Visit www.citizensonline.org.uk for more information.